

Barry County Community Mental Health Authority

“Meeting Today’s Needs, Moving Toward Recovery”

Dear Community Partners:

In 2017 Barry County Community Mental Health Authority (BCCMHA) continued its participation in the nationally recognized jail diversion program called Stepping Up. Continual commitment to this model and outstanding leadership has led BCCMHA to become a regional and state leader in jail diversion services. BCCMHA’s jail diversion staff is restoring hope to individuals, one at a time, through the use of evidence based treatments.

The use of evidence based treatments leading to recovery has also been a hallmark of our substance use disorder treatment program. All BCCMHA substance use disorder staff have been trained as co-occurring therapists, meaning that individuals seeking help can be treated for substance use disorders and mental health disorders at the same time by the same staff.

This past year also saw BCCMHA continue its efforts and focus on measurable outcomes and utilization management. Data from these activities is essential in assisting BCCMHA to achieve its mission to provide accessible and affordable mental health and substance use disorder services. To help us achieve this mission, several years ago BCCMHA initiated the use of validated tools such as the Child and Adolescent Functional Assessment Scale (CAFAS) and the Supports Intensity Scale (SIS), and within the last eighteen months began using the Level of Care Utilization System (LOCUS). These tools help us provide the right service in the right amount at the right time.

Barry County has not been immune to substance use concerns including the current opioid crisis sweeping the nation. However, as you will read in this report, BCCMHA is at the forefront of providing quality, life changing services.

Richard S. Thiemkey

Substance Use Disorder Services (SUD)

Barry County Community Mental Health Authority (BCCMHA) is proud to serve those in our community experiencing substance use disorders (SUD). SUD services stress person-centered planning, are strength-based and empowering, and offer intensive outpatient, individual, group, and recovery coach services. We utilize research-based techniques and curriculums, as well as industry best practice standards. BCCMHA makes every effort to assist clients in accessing treatment at all levels and in moving through the continuum of care that best meets their needs. With our community partners, we continue to strive to adapt to the shifting landscape of needs and health care reform, while maintaining a commitment to quality services.

BCCMHA has active collaborations with the Barry County Jail through our Jail Diversion Program and with the Barry County Court systems through treatment court programming that includes the Adult Drug Court (5th Circuit with Judge Amy McDowell), Sobriety Court (56B District with Judge Michael Schipper) and Juvenile Drug Court (Family Division with Judge William Doherty). It is our goal to better serve our community through strong, effective partnerships.

their disorders and to help those released stay out of the criminal justice system. Jail Diversion is a team approach that looks to connect all community partners and all individuals in need to the right protective supports.

“The relationship between the Barry County Sheriff’s Office and BCCMHA is one that all counties should strive for. Communication lines are wide open, which gives our community results that I am very proud of.” —Sheriff Dar Leaf

Jail Diversion Statistics:

- ✓ There were 121 consults completed at the BC Jail last fiscal year
 - ✓ Average response time to a visit request at the jail is 1.94 days
 - ✓ 72% post-jail follow up rate for services at the agency upon release
- 168 individuals were tracked for this data – 1 year pre CMH jail contact through 1 year post release
 - 38% never returned to jail
 - 14% were never released to the community and went directly to prison
 - 48% returned to jail in some capacity (35% of that was probation violations, 17% new misdemeanor and 48% new felony)

Specialty Courts:

BCCMHA and Substance Abuse Services provide a majority of the treatment to participants in our Adult Problem Solving Courts. Collaborating with BCCMHA and Substance Abuse Services is essential because of their dedication to supporting our programs, providing excellent treatment, and to their commitment in evaluating our community needs and adjusting services to meet those needs. We appreciate their desire to provide new and innovative treatment, while ensuring treatment is inclusive of all who are in need of services.

“During 2017, our Adult Drug Court and Sobriety Court celebrated 38 successful program graduations. We sincerely believe that a strong component leading to the success of our graduates is caring, compassionate, consistent, and superior service – all of which BCCMHA and Substance Abuse Services is committed to!”
—Tammi Price, Specialty Courts Manager/OCC Administrator, Barry County Trial Court



SUD Staff

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Community Mental Health Authority**
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**Barry County
Community Mental Health Authority
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**Board of Directors meetings for BCCMHA
take place on the second Thursday of
each month beginning at 8:00 a.m**

SUD Statistics:

- ✓ Total clinical contacts: 3838
- ✓ Primary Services provided from 10/1/2016 – 9/30/2017:
 - Intake Assessments: 229
 - Individual Therapy: 805
 - Group therapy: 1366
- ✓ Most frequent SUD Diagnosis:
 - First: Alcohol Dependence
 - Second: Amphetamine
 - Third: Opioids

Unduplicated client count 2016 – 2017: 1979

Jail Diversion:

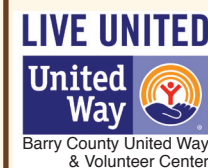
Jail Diversion is a federally and state supported initiative designed to target those individuals with mental health and substance use disorders who have contact with the legal system. The goal of this program is to reduce those individuals who are incarcerated due to symptoms of

MISSION STATEMENT

Barry County Community Mental Health Authority will provide accessible and affordable mental health and substance abuse services focused on prevention, treatment and rehabilitation to county residents who can benefit from our endeavors and assistance. Our mission will be supported by efficient and prudent use of our finances and appropriate diversification.

VISION STATEMENT

Believing in Recovery
Connecting with Community
Combating Stigma
Making a Difference
Helping those in Need
Aspiring to be the Best



BCCMHA is a recipient of United Way funding for Substance Abuse Prevention Services. United Way allocations for 2018 will be utilized to provide quality school-based prevention services, as well as programming for youth and parents in our community.