

POLICY AND PROCEDURE MANUAL	BCCMHA	PAGE 1 OF 6
CATEGORY - CLINICAL SERVICES	CHAPTER 11	SUBJECT A
LEAST RESTRICTIVE TREATMENT/ ENVIRONMENT	REVISED 4/04/97 10/17/08 9/14/98 09/07/11 9/09/02 08/28/12 9/17/03 11/27/17 3/16/05	EFFECTIVE 5/14/96

I PURPOSE

To provide recipients of Barry County Community Mental Health Authority (BCCMHA) services that are least restrictive in treatment and environment, in accordance with the Michigan Mental Health Code.

II GOAL

BCCMHA clients will be provided with the least restrictive treatment within the least restrictive environment.

Mental health services shall be offered in the least restrictive setting that is appropriate and available. (MCL 330.1708) The Freedom of movement of a recipient shall not be restricted more than is necessary to provide mental health services to him or her, to prevent injury to him or her or to others, or to prevent substantial property damage, except that security precautions appropriate to the condition and circumstances of an individual admitted by order of a criminal court or transferred as a sentence-serving convict from a penal institution may be taken. (MCL 330.1744)

III APPLICATION

Applicable to BCCMHA services, including those directly and contractually provided.

IV DEFINITIONS

"Least Restrictive Environment" or "Least Restrictive Setting" is that physical setting which places the least restraint on the client's freedom of movement and opportunity for independence, consistent with the person's treatment or habilitation needs. Examples might be treatment in a day hospital rather than in an inpatient facility, or residential care in a semi-independent apartment rather than in Adult Foster Care.

"Least Restrictive Treatment" or "Least Intrusive Treatment" is that clinical intervention

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which intrudes as little as possible on the client's physical person or individual autonomy.

V POLICY

All recipient's of BCCMHA services are entitled basic rights, freedoms and protections as defined in the Chapter 7a of the Mental Health Code, Civil Rights, and other provisions of the law. Among these is their right to receive behavioral health services in a way which promotes independence and minimally intrudes on their freedoms.

BCCMHA believes that as citizens, recipient's of behavior health services are capable of social, emotional and intellectual growth, and that each person's degree of change toward health, self-determination and self-reliance, within the context of their individual limitations is dependent upon both personal responsibility and access to appropriate treatment and/or habilitative services to facilitate change. In order to promote increased self-determination and self-reliance for the recipient, services must be offered in a setting which imposes the least restriction on the recipient.

For the foregoing reasons, it is the policy of BCCMHA that every client is served in a setting which imposes the least restriction possible on his/her liberty and freedom of movement, consistent with the individual's treatment or habilitation needs. This policy has two main areas of applicability:

1. Behavioral health services should be provided in the physical setting which places the least restraint on freedom of movement and provides opportunity for independence. This is the philosophy known as "Least Restrictive Environment" or setting.
2. Behavioral health services should be provided in a way which intrudes as little as possible on their person or individual autonomy. This philosophy is known as "Least Restrictive (or Least Intrusive) Treatment." (RRO Standard N2)

V STANDARDS

In all treatment planning and review, BCCMHA staff shall assess the feasibility of and strive for treatment or habilitation of the recipient in a less restrictive setting and/or using less intrusive forms or levels of treatment.

Where progress to a less restrictive setting or less intrusive form or level of treatment is seen as feasible, it shall be included as an objective in the treatment plan. Methodologies necessary to achieving this objective shall be identified in the plan.

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The BCCMHA psychiatrist's use of psychotropic medications shall also be governed by the principle of Least Intrusive Treatment. Medication shall be adjusted to the smallest dose found effective for treatment of the recipient's illness or disability.

Clients shall be provided with the maximum opportunity to exercise personal choice, to experience self-growth, to develop the capacity to meet the age and socially appropriate challenges and risks of daily life, and to develop self-reliance.

BCCMHA will facilitate the integration of clients within the community at large and attempt to provide training for clients as needed and appropriate to equip them with Activities of Daily Living (ADL) skills to function more independently in the community.

Clients will be provided, wherever possible, with access to typically functioning peer models, and BCCMHA programs must avoid segregation and isolation of clients based on the clients' disabilities to the greatest extent possible.

BCCMHA recognizes in importance of family and/or natural supports as a resource for both the client and service provider, therefore whenever it is clinically appropriate, family (natural support) involvement in treatment is strongly encouraged to promote the use of natural supports by the client.

VI PROCEDURES

Mental health services shall be offered in the least restrictive (intrusive) treatment possible and that promotes self determination and autonomy.

Recipient's Individualized Plan of Service (IPOS) will be monitored and reviewed per the appropriate service/insurance requirements and will be amended to reflect that the service, as well as, the amount, scope and duration of the service remains the least restrictive treatment appropriate.

Mental health services shall be offered in the least restrictive setting that is appropriate and available. Example: outreach services in the home or community.

Freedom of movement of a recipient shall not be restricted more than necessary to provide mental health services, to prevent injury to self, others or to prevent substantial property damage.

A right can be limited but only as allowed in the individual plan of service (IPOS) following review and approval by the Behavior Treatment Plan Review Committee (BTRC) and with consent of the guardian. Restrictions/modifications will be reviewed by

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the BTRC at least every three months and will be reduced or eliminated when no longer required to maintain health and safety.

(See Recipients Rights Policy, Restraint and Seclusion Policy, BTC policy for additional information.)

Seclusion and restraint are prohibited except in a MDHHS operated or licensed hospital. Prone immobilization is prohibited by BCCMHA.

(See Restraint and Seclusion Policy for additional information.)

REFERENCES

BCCMHA
CARF
CMS
Department of Health and Human Services
Michigan Behavioral Health Code
Olmstead Act
Office of Recipient Rights
Civil Rights
MCL 330

QUALITY IMPROVEMENT

This policy/procedure will be reviewed by the Quality Improvement Committee six months after implementation and annually thereafter to enhance and improve the quality.

At any time employees can request in writing, on the form provided, that this policy or items in this policy be reviewed by the Quality Improvement Committee. Employee's written request can be given to any Quality Improvement Committee member.

When an area for improvement is indicated the process for improvement as identified in the Quality Improvement Plan will be followed.

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APPROVED BY:

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Date

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Date

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DATE REVIEWED:

03/17/98
04/22/98
04/28/99
05/03/00
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